



## Steak

Serves: 3

Ingredients:

3 small rib eye steaks  
Salt, pepper and garlic to taste

Directions:

1. Preheat NuWave Brio to 390 °F.
2. Season steaks with salt, pepper and garlic.
3. Once preheated, place steaks on the Grill Pan and air fry for 12 minutes.