



Homemade Chicken Nuggets

Serves: 2-3

Ingredients:

- 1 cup flour
- Salt and pepper to taste
- 2 large eggs
- 2 tablespoons milk
- 2 cups seasoned breadcrumbs
- ½ cup grated parmesan cheese
- 2 raw chicken tenders

Directions:

1. Combine flour, salt and pepper in a bowl; set aside.
2. In another bowl mix together milk and eggs; set aside.
3. In a third bowl, mix together breadcrumbs and parmesan cheese; set aside.
4. Cut chicken tenders into small pieces.
5. Coat chicken pieces in flour, then dredge in egg wash mixture followed by breadcrumbs.
6. Place breaded chicken nuggets in NuWave Brio Basket.
7. Air fry chicken at 390°F for 12 minutes.