



Scallops

Serves: 4

Ingredients:

10-15 scallops
1 teaspoon olive oil
Salt and pepper to taste
¼ tsp crushed red pepper

Directions:

1. Preheat NuWave Brio to 390°F.
2. Wash scallops and remove the side muscles.
3. Pat scallops dry, then toss in olive oil and seasonings.
4. Once preheated, add scallops to NuWave Brio Basket and air fry for 8 minutes.

Tip: Serve scallops with red pepper sauce.